

January/February 2011

# COLUMBUS AQUATIC CENTER

1160 HUNTER AVE. 43201

645-3129



The Columbus Aquatic Center offers a wide variety of programs for all ages from 6 months old to senior citizens. The following information includes: class schedules, registration dates, program information, and costs for all programs.

**ALL PRICES AND TIMES ARE SUBJECT TO CHANGE.** The Columbus Aquatic Center is located next to Thompson Recreation Center, two blocks west of North High Street and one block south of West Fifth Avenue.

## ***OPEN (RECREATIONAL) SWIMMING .50¢ admission (2 case quarters required)***

***All swimmers 6 years of age or older will be required to have a LEISURE CARD.***

Open or recreational swimming times are scheduled throughout the week. During each of our open swims there are two lanes set aside for lap swimming. We ask that everyone have a swimsuit. A parent or adult, at least 18 years of age and in a swimsuit, must accompany all children under the age of 8 years of age. **Also, during our open swims, we do not allow street clothing on the pool deck area. All infants must wear a swim diaper or rubber pants.**

Schedule beginning Nov 9, 2010 through Feb 22, 2011

Tuesday.....1:00 P.M. - 3:00 P.M.

Wednesday .....1:00 P.M. - 3:00 P.M.

Thursday .....1:00 P.M. - 3:00 P.M.

Friday.....10:00 A.M. - 12:00 P.M. **ADULTS ONLY**  
7:00 P.M. - 9:30 P.M.

Saturday .....2:00 P.M. - 5:00 P.M.

We will resume our normal hours February 22<sup>nd</sup>, 2011

## **2011 SPECIAL DATES**

MONDAY .....JANUARY .....17.....MLK DAY .....CLOSED

SATURDAY .....FEBRUARY .....5.....NO OPEN SWIM.....2:00 PM TO 5:00 PM

MONDAY .....FEBRUARY .....21.....PRESIDENT'S DAY .....CLOSED

TUESDAY .....FEBRUARY .....22.....RESUME OPEN SWIM HOURS....2:00 PM TO 5:00 PM  
TUESDAY, WEDNESDAY, THURSDAY

VISIT: <https://activenet17.active.com/columbusrecparks> FOR UP TO DATE CLASSES

[www.columbusrecparks.com](http://www.columbusrecparks.com)

## ***LEARN-TO-SWIM CLASSES***

**VISIT: <https://activenet17.active.com/columbusrecparcs> FOR UP TO DATE CLASSES**

Below is a list of our Learn-To-Swim classes. We have classes for all ages throughout the week, American Red Cross Water Safety Instructors teach all of our classes. You will be tested the first day of class to determine which course level you will be assigned.

**Each class is taught one day a week. Fees for Learn-To-Swim classes are \$30.00 for residence and \$35.00 for non-residence.**

### **INFANT AND TODDLER CLASS**

This class is for children 6 to 35 months of age and requires a parent or guardian to participate in the water. This course is intended to develop in young children a comfort level in and around the water as well as readiness for learning to swim. **Each Infant must wear a water diaper or rubber pants.**

### **INFANT AND TODDLER CLASS – Level II (\*New Offering\*)**

This class is for children 2 to 3 years of age who have previously taken Infant/Toddler classes and requires a parent or guardian to participate in the water for the first few classes. This course is intended to continue to allow children to develop comfort in and around the pool, while introducing/easing them into a traditional Instructor lead classroom environment. Approximately half of the classes will be with a parent, and the other half without a parent.

### **3 – 6 YEAR OLD'S**

This class is for children 3 years of age up to 6 years of age. In this course the children will learn basic water adjustment and breathe control. More advanced students will work to improve already developed skills such as arm strokes and breathing.

### **6 YEARS & UP**

#### **LEISURE CARD REQUIRED FOR ALL PARTICIPANTS**

This class is for children 6 years of age and up. Children will be placed in one of the six levels of the Learn-To-Swim classes depending on their skills pre-test.

### **ADULT CLASSES**

#### **LEISURE CARD REQUIRED FOR ALL PARTICIPANTS**

This class is for adults 18 years of age and older. Participants will be placed in one of the seven levels of the Learn-To-Swim classes depending on their skills pre-test.

## **REGISTRATION INFORMATION – NEW PROCEDURES**

The Aquatics Center has gone to ONLINE registration starting with the Fall session. Go to [www.columbusrecparcs.com](http://www.columbusrecparcs.com) to get the link to create your account. Everyone wanting to register for a class must have an account with ACTIVENET.

**Fees for Learn-To-Swim classes are \$30.00 for residence and \$35.00 for non-residence.** Payment is required at the time of registration and will be accepted in person or over the phone. Patrons who register by phone will be required to pay with a VISA or Master Card, **NO REFUNDS**. We will not accept any registrations left on the voicemail.

***The City of Columbus charges a \$25.00 return check charge for all checks returned.***

### **2011 Online Registration Dates**

**WINTER I:**                      **Monday January 10, 2011, 9:00 a.m.**  
   **Classes start February 1<sup>st</sup>**  
   ○ **Week Day lessons**  
   **Register online @ <http://activenet.active.com/columbusrecparcs>**  
   **Or in person at the Aquatic Center during normal programming times.**

**WINTER II:**                      **Monday February 7, 2011, 9:00 a.m.**  
   ○ **All Lessons**  
   ○ **Early Bird Swim**  
   ○ **Stroke and Masters Clinic**  
   ○ **Deep Water Aerobics**  
   **Register online @ <http://activenet.active.com/columbusrecparcs>**  
   **Or in person at the Aquatic Center during normal programming times**

**[www.columbusrecparcs.com](http://www.columbusrecparcs.com)**

# ***CLASS SCHEDULES***

## ***WINTER & WINTER I***

### **Infant & Toddler Learn-To-Swim Schedule**

#### **WINTER**

DAY .....	START .....	END.....	TIME .....	CLASS #
TUESDAY / THURSDAY.....	JAN 4.....	JAN 27 .....	10:15 am .....	CLOSED
SATURDAY .....	JAN 8.....	FEB 19 .....	10:00 am .....	CLOSED

#### **WINTER I**

TUESDAY / THURSDAY.....	FEB 1.....	FEB 24 .....	10:15 am .....	#4382
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### **Infant & Toddler Level II**

#### **WINTER**

DAY .....	START .....	END.....	TIME .....	CLASS #
SATURDAY .....	JAN 8.....	FEB 19 .....	10:45 am .....	CLOSED

### **Adults Learn-To-Swim Schedule**

#### **WINTER**

DAY .....	START .....	END.....	TIME .....	
TUESDAY .....	JAN 4.....	FEB 22 .....	11:00 am .....	CLOSED
THURSDAY.....	JAN 6.....	FEB 24 .....	2:00 pm.....	CLOSED
SATURDAY.....	JAN 8.....	FEB 19 .....	12:15 pm.....	CLOSED

### **3-5 Year Old Learn-To-Swim Schedule**

#### **WINTER**

DAY .....	START .....	END.....	TIME .....	
TUESDAY / THURSDAY .....	JAN 4.....	JAN 27 .....	10:15 am .....	CLOSED
SATURDAY .....	JAN 8.....	FEB 19 .....	10:00 am .....	CLOSED
SATURDAY.....	JAN 8.....	FEB 19 .....	10:45 am .....	CLOSED
SATURDAY.....	JAN 8.....	FEB 19 .....	11:30 am .....	CLOSED
SATURDAY.....	JAN 8.....	FEB 19 .....	12:15 pm.....	CLOSED

#### **WINTER I**

TUESDAY / THURSDAY .....	FEB 1.....	FEB 24 .....	10:15 am .....	#4381
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### **6 Years & Up Learn-To-Swim Schedule**

#### **WINTER**

DAY .....	START .....	END.....	TIME .....	
TUESDAY / THURSDAY .....	JAN 4.....	JAN 27 .....	4:30 pm.....	CLOSED
TUESDAY / THURSDAY .....	JAN 4.....	JAN 27 .....	5:15 pm.....	CLOSED
SATURDAY.....	JAN 8.....	FEB 19 .....	10:00 am .....	CLOSED
SATURDAY.....	JAN 8.....	FEB 19 .....	10:45 am .....	CLOSED
SATURDAY.....	JAN 8.....	FEB 19 .....	11:30 am .....	CLOSED
SATURDAY.....	JAN 8.....	FEB 19 .....	12:15 pm.....	CLOSED

#### **WINTER I**

TUESDAY / THURSDAY .....	FEB 1.....	FEB 24 .....	4:30 pm.....	#4384
TUESDAY / THURSDAY .....	FEB 1.....	FEB 24 .....	5:15 pm.....	#4385

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## OTHER PROGRAMS

### **ADULT WATER AEROBICS**

**LEISURE CARD REQUIRED FOR ALL PARTICIPANTS- No Registration Required**

Adults perform shallow water exercise under the supervision and guidance of one of our instructors. This aerobics class is of medium intensity and works all areas of the body. **Everyone over the age of 18 is welcome.**

<b>TUESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>9:00 A.M.</b>
<b>TUESDAY</b>	<b>THURSDAY</b>		<b>6:00 P.M.</b>

### **DEEP WATER AEROBICS - 10 WEEK SESSION**

**\$20 / \$22 Resident / Non Resident Fee**

**Session dates: January 3 – March 21**

Adults perform deep water exercises under the supervision and guidance of one of our instructors. This aerobics class is a high resistance, high impact program that stretches all areas of the body.

<b>MONDAY</b>	<b>11:00 A.M.</b>
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### **SENIOR WATER AEROBICS**

**\$1.00 per class or \$12.00 per Session**

**Session dates: November 29 – January 19**

Adults perform shallow water exercises under the supervision and guidance of one of our instructors. This aerobics class is a high resistance, low impact program that stretches all areas of the body. **Registration required on the day of class.**

<b>MONDAY</b>	<b>WEDNESDAY</b>	<b>10:00 A.M.</b>
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### **STROKE CLINIC – 10 WEEK SESSION**

**\$20 / \$22 Resident / Non Resident Fee**

**Session dates: January 5– March 11**

This class is for young competitive swimmers who want to keep in shape or improve their stroke technique. This class is for kids 6 to 18, all participants must be able to demonstrate skills equivalent to Level V of the Red Cross Learn-To-Swim class.

<b>WEDNESDAY</b>	<b>FRIDAY</b>	<b>5:00 P.M.</b>
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### **MASTERS – 10 WEEK SESSION**

**\$20 / \$22 Resident / Non Resident Fee**

**Session dates: January 5 – March 11**

This is a competitive workout for adults who want to stay in shape or improve their stroke technique. No previous competitive experience required. Information and focus is tailored

<b>WEDNESDAY</b>	<b>FRIDAY</b>	<b>6:00 P.M.</b>
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### **Early Bird Lap Swimming Club – 10 WEEK SESSION**

**\$20 / \$22 Resident / Non Resident Fee**

**Session dates: January 4 – March 10**

For those early risers who look to get their laps at the start of their day, this is just your opportunity. This is geared for all levels of fitness lap swimmers.

<b>TUESDAY</b>	<b>THURSDAY</b>	<b>6:00AM – 9:00AM</b>
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